

## Position Description

### POSITION PROFILE

**Position Title:** HHP LEAP Intern

**EOU Department/College:** Health and Human Performance

**EOU Supervisor Title:** Kyle Pfaffenbach, Ph.D., Associate Professor

**Typical Job Duration:** Hybrid (La Grande Lab and Remote)

**Job Level:** Level 4, \$15.20 per hour

**Type of Schedule/Typical Hours:** Fixed schedule, agreed upon; 10 hrs/wk

**Typical Number of Hours Per Week:** 10 Hours

### POSITION INFORMATION

#### Student Position Description Summary:

The HHP LEAP intern will support the Health and Human Performance Department by engaging in critical exercise physiology testing and analysis, aiding faculty and students, and managing lab operations. This position offers practical experience in exercise science, suitable for students aiming for careers in physical therapy, coaching, or personal training.

#### Job Duties/Responsibilities/Essential Functions:

- Conduct and analyze non-medical performance and physiology testing.
- Maintain and organize the HPL lab.
- Collaborate in research activities and data collection.
- Schedule and manage testing appointments.

- Engage in wellness assessments for local educators.
- Support Grande Ronde Rappeller Firefighters' fitness evaluations.

## HIRING CRITERIA

### Minimum Qualifications:

- Current EOU enrollment, junior or senior standing.
- Major in HHP with a focus on exercise science or PES.
- Completion of EXS 323 Exercise Physiology course.
- Excellent organizational and communication skills.

### Preferred Qualifications:

- Prior lab experience or similar roles.

### Desired Knowledge, Skills & Abilities:

- Proficiency in physiological testing and data analysis.
- Strong interpersonal skills to interact with diverse groups

## STUDENT LEARNING OUTCOMES

*As a result of completing this internship, the student will:*

### Academic Learning Outcomes:

- Develop a thorough understanding of exercise physiology theories and practices.

### Industry Learning Outcomes:

- Acquire hands-on experience in exercise science applicable to physical therapy and personal training

### Career-Readiness Learning Outcomes:

- Enhance communication, management, and analytical skills.

## PROFESSIONAL DEVELOPMENT & TRAINING

### Professional Development & Training

EOU student employees have an opportunity to engage in professional development and training as a part of the job. Supervisors support the attainment of professional development by either providing internal department-specific training and/or time reassigned from normally scheduled duties to participate in University-wide training opportunities including appropriate virtual community training opportunities.

Eastern Oregon University is an EEO Employer and welcomes application from women, members of historically underrepresented minority groups, US Veterans, and persona with disabilities. EOU is committed to providing equal opportunity in its recruitment, admissions, educational programs, activities and employment without illegal discrimination on the basis of age, color, disability, national origin, race, marital status, religion, sex, sexual orientation, gender identity, gender expression or any status as protected by state or federal law.

Specific training/professional development opportunities:

- *[job-specific training from your department]*
- *[University and virtual community training/events specific to the student position]*
- Multicultural-sponsored training, activities, and events
- Career exploration activities via Career Services
- EO Career Expo Career-Ready symposium First Wednesday in April
- Resume Review with Career Services and/or WorkSource Oregon

## **LEARNING ASSESSMENT & PERFORMANCE EVALUATION**

### **Learning Assessment and Performance Evaluation**

Once a term, student employees and supervisors meet to discuss the progress on completing the position's learning outcomes and the employee's job performance. Specifically:

- Adjustments to the learning outcomes and job duties as needed in order to meet the outcomes
- Upcoming training and professional development opportunities
- On-the-job performance feedback and the level of meeting job duty expectations
- Application of coursework to the workplace, job duties, and learning outcomes
- Application of possible connections to future career-related interests and coursework