

HISTORY integrative multidisciplinary studies COMMUNICATION  
studies elementary education  
rangeland science THEATRE agriculture ART anthropology EARLY CHILD  
sciences sciences sociology  
agriculture ART BIOLOGY politics & BUSINESS ADMINIS  
sciences economics  
CHEMISTRY BIOCHEMISTRY computer science MUSIC  
preservation  
resources MATHEMATICS economics PHYSICAL ACTIVITY  
PSYCHOLOGY rangeland science THEATRE agriculture ART anthropology  
business administration EASTERN OREGON UNIVERSITY chemis  
EMERGENCY MEDICAL SERVICES computer science NURSING



# Quick facts

Eastern Oregon University  
La Grande, Oregon  
[eou.edu](http://eou.edu)



## EOU campus location

La Grande, Oregon plus regional locations across the state.

## EOU student population

3,653 students on campus, online and onsite from the region and around the world.

## Average class size

Fewer than 25 students means closer connections to your professors.

## On campus, online, onsite

About a third of our students take at least one class through flexible delivery, including online around the world and onsite at regional centers.

## 9 varsity athletic programs

Football, Men's Basketball, Women's Basketball, Volleyball, Cross Country, Indoor/Outdoor Track and Field, Men's Soccer, Women's Soccer, Softball and numerous intramural programs.

## Mascot

Monty Mountaineer



## Stuff to do

Hiking, skiing, campus clubs, (50 different ones!), biking, friends, etc. Check out page 3!

## Residence halls

Awesome suite-style residence halls accommodate 355 students in three complexes.

## Population of La Grande

13,000 in town and 25,000 in the valley.  
Miles to Portland, Oregon: 259, 4 hour drive  
Miles to Salem, Oregon: 305, 5.25 hour drive  
Miles to Boise, Idaho: 172, 2.5 hour drive  
Miles to Pasco, Washington: 121, 2 hour drive  
Miles to Spokane, Washington: 255, 4 hour drive  
Miles to Seattle, Washington: 334, 5.5 hour drive

## Admissions

**800.452.8639**  
**[admissions@eou.edu](mailto:admissions@eou.edu)**  
**[eou.edu/admissions](http://eou.edu/admissions)**





# Our community



## EOU's 121-acre campus is located in La Grande, Oregon.

The city is the largest of eight communities in the lush Grande Ronde Valley – a haven in the high desert region. You'll love it here amid the tall pines, cold rivers and rugged cliffs. This is some of the very best **wild country**.

Campus is just four short blocks from downtown and students ride public transit for free making it easy to visit the La Grande Farmer's Market held on weekends at Max Square. A musician with a huge local following

may sit next to you in English class. Your roommate might be an intern assisting with research funded by the National Science Foundation or hail from the island of Palau. **This can be you.**

These are the kinds of opportunities that help you get ahead, and this level of individual attention is rare among public institutions. **Experience it at EOU!**

At our core we are committed to providing you with **high-quality academic programs**, awesome campus activities, **access to education** wherever you are, and an environment where you can **live, learn and succeed**.



"As your partner in discovery, EOU reveals to you a new world of possibilities. Passionately engaged educators will present you with life-changing opportunities while challenging you to develop the skills for a successful career and life. I know, because I'm a grad! There are no limits to what you can achieve."

Tom Insko, EOU President  
Bachelor of Science in Mathematics, Honors, 1993  
Bachelor of Science in Business/Economics, Honors, 1994  
La Grande, Ore.



## Make connections

[facebook.com/eouadmissions](https://facebook.com/eouadmissions)  
[youtube.com/eouniversity](https://youtube.com/eouniversity)  
[twitter.com/eoumountaineers](https://twitter.com/eoumountaineers)  
[instagram.com/monty.mountaineer](https://instagram.com/monty.mountaineer)  
More at [eou.edu/ua/social](https://eou.edu/ua/social)



# Great outdoors!

## Step outside our back door

and you're **snowboarding** nearby at Oregon's highest base elevation **ski** resort, **kayaking** Class III rapids, **rock climbing** or hitting the **trails** with your mountain **bike**. Interested in wild food foraging? This area is great for hunting mushrooms and picking huckleberries.

**Wildlife is always nearby** with deer (and the occasional elk) roaming through campus. The farther you venture you may see bighorn sheep, antelope, black bear, cougar, even moose.

**EOU's Outdoor Program** is here to help you plan a successful trek. **Equipment rentals are free!**

[eou.edu/outdoor](http://eou.edu/outdoor)





# Make friends



## Clubs & organizations

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A Knight's Club  
Ambassadors  
Ars Poetica  
**BIOLOGY CLUB**  
Black Student Union  
Blue Mountain Toastmasters Club  
Business Leaders of Tomorrow  
Chemistry Club  
Collegiate FFA  
Cornerstone Christian Club  
Eastern Oregon Science Journal

Eastern Student Entertainment  
Excellent Educators at Eastern  
First-Year Experience  
Food for Thought  
Friends of the Accounting Student Body  
Gay Straight Alliance  
International Student Association  
KEOL College Radio  
La Familia  
Latino Impact  
Mission for Environmental and  
Social Awareness

# Make a difference



## Get involved!

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National Society of Leadership  
and Success  
Navigators Club  
Oregon East  
Outdoor Program  
Polynesian Club  
Pre-Professional Health Club  
Psychology Club  
Residence Hall Association  
Rock Climbing Club  
**RODEO CLUB**

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**SKI AND SNOWBOARDING CLUB**  
Speed-Ya Native American Student Council  
Students in Free Enterprise  
Students Older Than Average  
Theatre Club  
The Inglorious Nerfers  
The Irrationals  
The Voice  
Visual Art League

[eou.orgsync.com](http://eou.orgsync.com)







# Local & global point of view

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The beauty and power of diversity is evident on campus when you attend events like the International Dinner and Show or **Island Magic Lu'au**. The all-student performances will wow you! Get info on these and other multicultural clubs at

[eou.edu/mc](http://eou.edu/mc)

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## Captivated by culture:

Spain, Europe and Mexico are just some of the countries our students have visited through **Study Abroad programs**. Find out how you can become a globe-trekker at

[eou.edu/studyab](http://eou.edu/studyab)



## Dancing, drumming and native crafts

are all part of EOU's **Indian Arts Festival and Powwow**. The celebration is organized each year by our Native American Student Council and includes a traditional friendship feast. Learn more and get involved at

[eou.edu/powwow](http://eou.edu/powwow)





# #EOUsports

EOU athletics are NAIA affiliated, with the Mountaineers competing in the Frontier Conference for Football and Cascade Conference for Men's and Women's Basketball, Indoor/Outdoor Track and Field, Cross Country, Softball, Volleyball and Women's Soccer. **We're also stoked about our new Men's Soccer program!** Teams make regular post-season games and **national playoff appearances.**

On the court, in the field and at center stage, our students are giving **amazing performances** all year long.

[eousports.com](http://eousports.com)

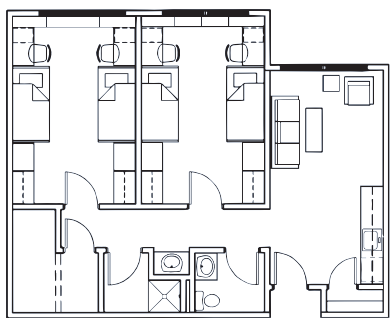


"Some say you make your best friends in college. For myself here at EOU, that couldn't be any more true. Eastern has provided me with lifelong friends. It really is a family here. We truly care about each other. I couldn't imagine myself anywhere else."

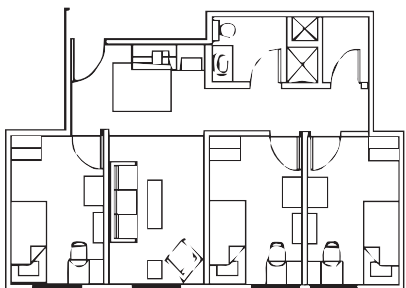
Zach Bartlow  
Business/Accounting Major  
Waitsburg, Wash.

- > FOOTBALL
- > WOMEN'S SOCCER
- > MEN'S SOCCER
- > CROSS COUNTRY
- > TRACK & FIELD
- > VOLLEYBALL
- > WOMEN'S BASKETBALL
- > MEN'S BASKETBALL
- > SOFTBALL

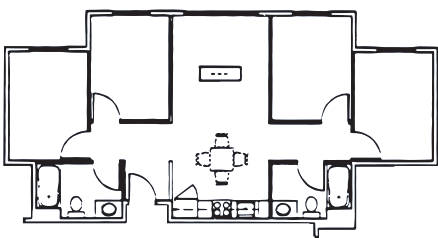




North/Daugherty Hall floor  
plan double occupancy



North/Daugherty Hall floor  
plan single/3 occupancy



Alikut Hall floor plan

# Life on campus

Our residence halls are **the best.** That's what students tell us who decide to attend EOU on this factor alone!

Forget about packing your stuff down the hall to a community bathroom. **All suites have bathrooms and showers**, common living areas and more including and storage – even spaces to play pool, ping-pong and watch movies! Study lounges are located throughout the buildings.

Furnishings include a mini-kitchenette, but feel free to use all of your culinary skills in the big kitchen in the common space of each hall. Dining options on campus are the **Mountie Café**, offering an all-you-can-eat smorgasbord, and **Mac's Grill**, serving up sandwiches, salads and Starbucks Coffee.

[eou.edu/reslife](http://eou.edu/reslife)





# Live, learn and succeed!

## Get the support you want, when you need it!

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An **academic advisor** will work with you to create a college plan and register for the right courses.

Our Learning Center coordinates a **super squad of tutors** in math, writing, biology and more! Students also have access to eTutoring including eChat, eQuestions and an eWriting Lab.

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Pierce Library has coffee and **stays open late**, especially during finals

week! Spread out in the window-walled reading room or find a private study nook and get your work done using robust research tools and online resources.

General medical and wellness **checkups are free** at the Student Health and Counseling Center – no insurance needed. Enrollment in six or more credits with at least one on campus credit is the only requirement.



## Quick reference

### ACADEMIC ADVISING

541.962.3378  
eou.edu/advising  
advising@eou.edu

### BOOKSTORE

541.962.3691  
eou.bncollege.com  
books@eou.edu

### CAMPUS SECURITY

541.962.3911  
eou.edu/facplan/security-services

### CAREER CENTER

541.962.3090  
eou.edu/career  
careers-group@eou.edu

### CENTER FOR STUDENT INVOLVEMENT

541.962.3704  
eou.orgsync.com  
center@eou.edu

### COUNSELING CENTER

541.962.3524  
eou.edu/counsel  
shc@eou.edu

### DISABILITY SERVICES

541.962.3081  
eou.edu/disability  
disabsvc@eou.edu

### HEALTH CENTER

541.962.3524  
eou.edu/health  
shc@eou.edu

### INFORMATION TECHNOLOGY

541.962.3111  
eou.edu/it  
helpdesk@eou.edu

### LEARNING CENTER

541.962.3663  
eou.edu/lcenter  
lcenter@eou.edu

### PIERCE LIBRARY

541-962-3579  
library.eou.edu

### WRITING CENTER

541-962-3663  
eou.edu/writing-center  
writingcenter@eou.edu







## Calling all bobsledders

**We have our own sledding hill and it's a steep one.** As soon as it snows, grab whatever you have (we've seen cookie sheets) and head to the 8th Street hill on campus. Watch out for the jump at the bottom!



## Here comes the cavalry

**Army ROTC students practice maneuvers on campus.** Don't be alarmed if you see Mountaineer Company cadets early in the morning, decked out in camo and carrying full gear. They're just training.



## Ice Age: La Grande

**Mammoths, saber-toothed tigers, giant beavers, camels, ground sloths and a rare bear once roamed our campus.** Evidence from fossilized tusks discovered in 2010 indicates Columbian mammoths may have avoided extinction in our valley longer than anywhere else on the planet - pretty cool!



## Rollin', rollin', rollin'

**Follow the Oregon Trail...right through town.** Take a walk along B Avenue and try to envision covered wagons making their descent. For more pioneer history, head 14 miles north of La Grande to the Oregon Trail Interpretive Park at Blue Mountain Crossing.





# College of Arts and Sciences



"I loved my time at EOU! The small class sizes allowed for more personalized attention from professors who truly cared about my success, both inside and outside of the classroom. The campus community was supportive and created an environment in which I could thrive academically and socially."

Deneil Hill  
EOU class of 2010 (History Major)  
Doctoral candidate in History at  
Binghamton University  
(SUNY) N.Y.  
Boulder, Colo.

#EOUworks

## Collaboration is at the heart

of our music, theatre, art and English writing programs. You can feel the charge generated when creative people **work together**.

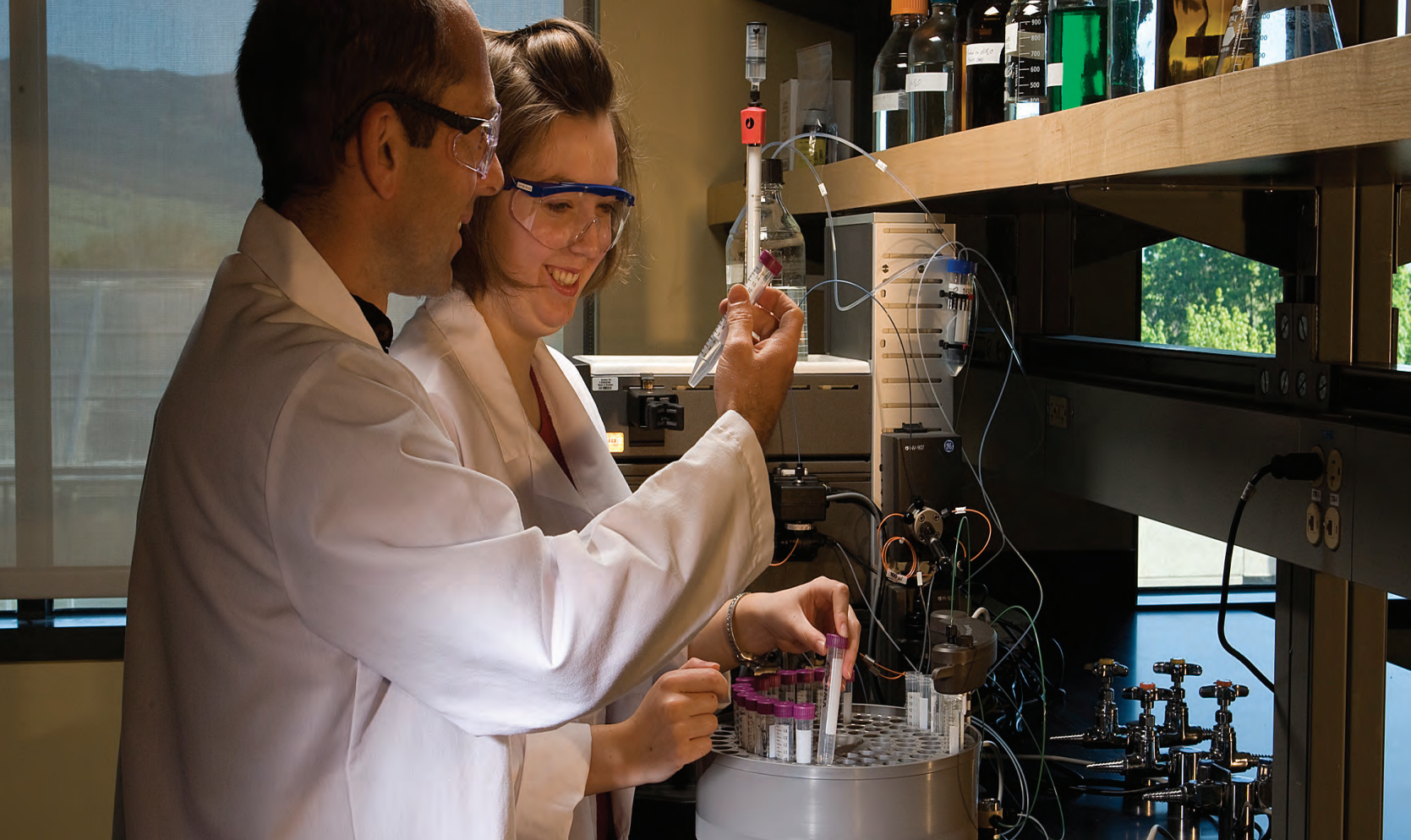
This kind of **teamwork** yields impressive results – like EOU becoming the first university in the U.S. to produce an amateur version of **"Phantom of the**

**Opera."** Our cast of 50 brought "Les Miserables" to life in another epic, full-house performance.

**A spirited discussion** in class might inspire you to write a piece for our student literary magazine, **"Oregon East."** All those late nights in the sculpture lab are totally worth it when you **see your best work in Nightingale Gallery!**







## EOU puts you in the lab

with talented professors in biology, chemistry-biochemistry and psychology. Cultivate your cultural and social perspective in the anthropology and sociology program. Get satisfaction solving mind-bending equations as a math major. **Design new software** for your senior computer science project.

[eou.edu/cas](http://eou.edu/cas)

**Your original research** might appear in the next edition of the **Eastern Oregon Science Journal** – the first student-published, undergraduate scientific research journal in Oregon!

In all, the College of Arts & Sciences offers multiple majors and minors, plus a unique low-residency master of fine arts in creative writing. Additional certificates round out the programs in this area.



“I felt prepared for medical school with the good foundation EOU gave me. The science faculty are so much more teaching-oriented and accessible. I loved that it was a small campus and I also came out with a lot less debt.”

Shakira Bandolin, MD  
EOU class of 2009 (Biochemistry Major)  
University of Washington School of  
Medicine class of 2014  
UC Davis Emergency Medicine  
class of 2017  
2014 National Outstanding Medical  
Student Award Recipient

## #EOUworks



# Colleges of Business and Education



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**Interested in a competitive career?** Connect with faculty and professionals in programs that help grow the economy and provide **practical experiences** – like partnering with Oregon Parks and Recreation on a proposal to build trails beside our local 60-plus mile scenic railroad line.

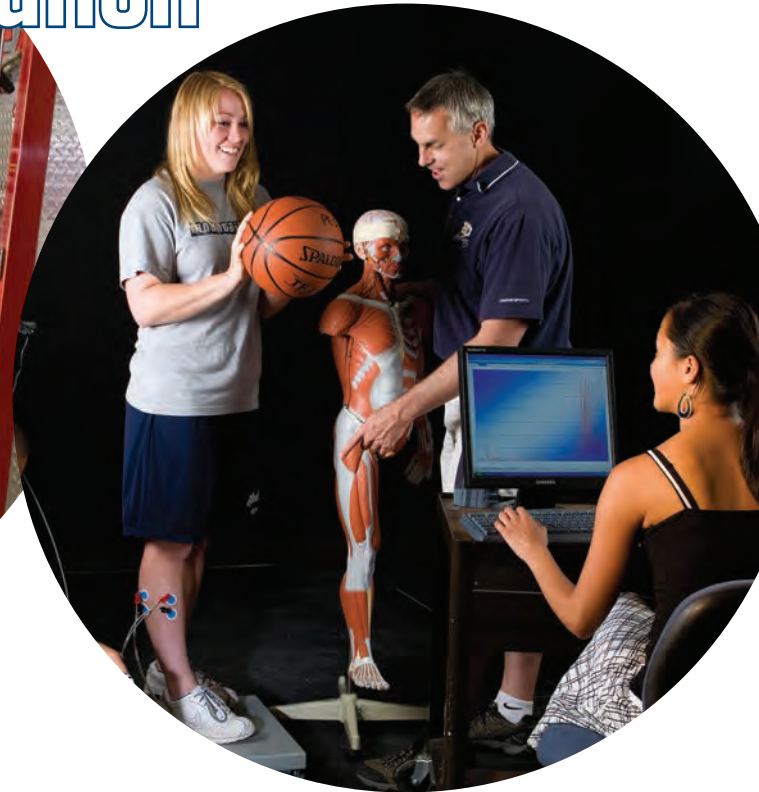
**Get noticed** with a bachelor's in business administration and then really stand out with an MBA, like our grads



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who have gone on to top-tier positions. We even have a small business development center to help **aspiring entrepreneurs** find and fill their unique niche.

Maybe you have fire-fighting or paramedic experience. Advance your field skills in our fire services or emergency medical administration programs. Know the benefits of working out? Promote **exercise and healthy habits** with a degree in physical activity and health.



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**Our roots are in teacher education** and we're on the leading edge of the profession with programs like the **Oregon Teacher Pathway** and **Center for Culturally Responsive Practices**.

You might be the **first person** you know to attend college, already have a full-time job, or speak English as a second language. Whatever your background is,

EOU gives you the opportunity to **be one of the best** educators or business leaders out there.

Several majors, minors and three proven masters programs in business administration and teaching are offered in the Colleges of Business & Education. Associate degrees, certificates and specialized endorsements are also available.

[eou.edu/cobe](http://eou.edu/cobe)



"EOU is the best-kept secret in Oregon! Small class sizes, exceptional learning opportunities, a welcoming community and outdoor activities for every season make EOU a great place to attend college. Whether you are looking for a liberal arts education or a professional one, EOU has something for everyone."

Stephen Clements, Ph.D.  
Business Faculty  
Mayor of La Grande, Ore.

**#EOUworks**



## Regional locations:

- > EOU Astoria  
(@Clatsop Community College)
- > EOU Bend
- > EOU Burns
- > EOU CTUIR
- > EOU Enterprise
- > EOU Gresham  
(@MT. Hood Community College)
- > EOU Hermiston  
(@Blue Mountain Community College)
- > EOU John Day
- > EOU Ontario  
(@Treasure Valley Community College)
- > EOU Pendleton  
(@Blue Mountain Community College)
- > EOU Portland  
(@Portland Community College Cascade Campus)
- > EOU Roseburg  
(@Umpqua Community College)
- > EOU Salem  
(@Chemeketa Community College)



Access to education,  
wherever you are!

**Earn your degree, your way:** at our main campus in La Grande, online anywhere in the world or onsite at our regional centers across the state.

EOU gives you **flexibility to reach your goals**. Multiple degree programs and minors can be completed entirely online, or take advantage of a mix of course delivery options, too. These include **Weekend College** sessions and regular classes at Treasure Valley, Mt. Hood and Blue Mountain community colleges. You'll have access to a great education, whether you live in a **small**, rural **town** or a **major city**.

Being flexible means you can also **earn credit for prior learning experiences**, or combine

two or more academic disciplines to create your own program. The possibilities are endless! Check page 17 for a list of our online and onsite degree programs.

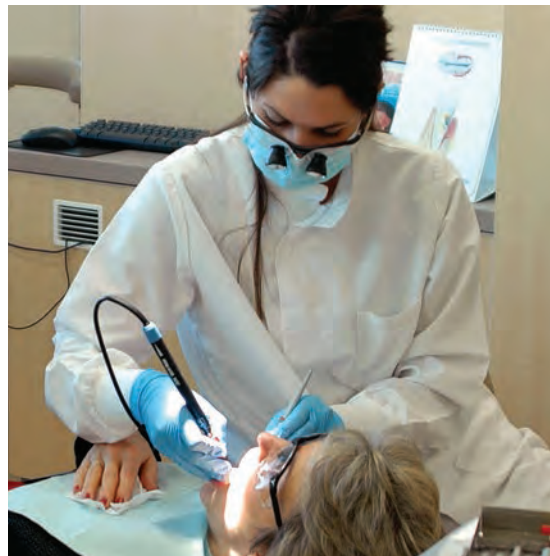
**Interested in transferring to EOU?** Our goal is to make the process seamless. If you have an Associate of Arts (AAOT) or Associate of Science (ASOT) Oregon Transfer Degree, you've already met our general education requirements.

[eou.edu/online](https://eou.edu/online)

[eou.edu/transfer](https://eou.edu/transfer)

[eou.edu/centers](https://eou.edu/centers)





# Our partners

## We've joined forces to expand your opportunities!

From agriculture to healthcare, these partnerships make it possible for you to explore more. Start and stay at EOU to complete your degree from our partner institutions.

### OREGON HEALTH & SCIENCE UNIVERSITY

Bachelor's of Science in Nursing

[eou.edu/ohsu](http://eou.edu/ohsu)

### OREGON STATE UNIVERSITY AGRICULTURE PROGRAM

#### Majors

Agricultural Sciences  
Crop & Soil Sciences  
Natural Resources  
Rangeland Sciences

#### Minors

Agricultural Sciences  
Animal Science  
Crop Science  
Fish & Wildlife Sciences  
Natural Resources  
Rangeland Sciences  
Soil Science

[agsci.oregonstate.edu/ag\\_program\\_eou](http://agsci.oregonstate.edu/ag_program_eou)

### ODS COLLEGE OF DENTAL SCIENCES

Associate of Applied Science in Dental Hygiene

### OREGON INSTITUTE OF TECHNOLOGY

Bachelor's of Science in Dental Hygiene

[eou.edu/ods](http://eou.edu/ods)



# EASTERN OREGON ADVANTAGE

We're giving students an edge with **Eastern Oregon Advantage!**

Any resident student from Oregon, Idaho or Washington who applies as a freshman and enrolls on EOU's main campus for the coming fall term is eligible to participate in our new program.

## Advantage highlights

- > **Finish in Four Years!**
- > **Fixed Tuition Rate**
- > **Career Services Support**
- > **Alumni Connections**

[eou.edu/advantage](http://eou.edu/advantage)

# Making your education affordable

## EOU is an incredible value! Tuition and fees average thousands less

than other public and private institutions in our region. That's a big difference, resulting in significant savings for you. Just use the tuition calculator on our website and you'll see what we mean!

[eou.edu/cost](http://eou.edu/cost)

**Plan your budget.** Financial aid is based on the estimated cost of attendance and your enrollment level. Our estimated cost of attending full-time for three terms during the academic year is broken out in detail at

[eou.edu/fao/coa](http://eou.edu/fao/coa)

On campus / resident

Tuition & Fees	\$7,764
Room & Board	\$9,642
Books & Supplies	\$1,425
Transportation	\$1,197
Personal & Other	\$1,848



### Let's compare!

\*Figure includes tuition and fees for 15 credits per term (45 credits per year). Averages obtained from the College Board and based on resident status.

\$7,764

EOU

\$8,655

State University

\$29,056

Private College

**SCHOLARSHIPS** Take advantage of your talent, drive and ambition with scholarships. Some are awarded based on financial need. Others look at your academic achievements.

[eou.edu/fao/scholarships](http://eou.edu/fao/scholarships)

Find out about available state, federal and EOU funding by submitting your Free Application for Federal Student Aid. Apply even if you think you may not qualify!

[fafsa.ed.gov](http://fafsa.ed.gov)



**Tuition Calculator**  
[eou.edu/fao](http://eou.edu/fao)



**Students from Oregon, Idaho and Washington automatically qualify for our resident tuition!**



# EOU programs



## Majors

Anthropology/Sociology  
 Art  
 Biology  
 Business Administration  
     Online/Onsite - Gresham  
 Chemistry/Biochemistry  
 Communication Studies\*  
 Computer Science  
 Cueste: Multidisciplinary Studies  
     & Elementary Education  
         > Pendleton  
         > Gresham  
         > Ontario  
 Early Childhood Education  
     (online only)  
 Economics  
 Emergency Medical Services  
     Administration  
 English  
 Fire Services Administration  
     (FSA) (online only)  
 History  
 Integrative Studies:  
     Individualized Program  
 Integrative Studies:  
     EOU Minor + other Minor  
 Integrative Studies: 2 EOU minors  
 Mathematics  
 Multidisciplinary Studies

Music  
 Politics & Economics\*  
 Physical Activity & Health  
     > Physical Education & Sport  
     > Exercise Science  
     > Health & Wellness Studies  
 Psychology  
 Theatre

## Bachelor of Applied Science

Business Administration\*  
 Emergency Medical Services  
 Administration

## Minors

Anthropology/Sociology  
 Art  
 Biology  
 Business  
 Chemistry  
 Communication\*  
 Computer Science  
 Economics  
 English  
 English for Speakers of  
     Other Languages (ESOL)  
 Environmental Chemistry  
 Health Studies  
 History

Interdisciplinary Writing  
     & Rhetoric  
 Mathematics  
 Mathematical Studies (MDST)  
 Military Science  
 Music  
 Native American Studies  
 Physical Education  
 Political Science  
 Psychology  
 Public Policy  
 Spanish  
 Statistical Mathematics  
 Theatre Arts

## Associate of Arts

Administrative Management  
 Elementary Education

## Certificate Programs

Computer Programming I  
 Computer Programming II  
 Education  
 English Speakers of Other  
     Languages (ESOL)  
 Certified Nursing Assistant I\*  
 Office Management

## Pre-Professional Programs

Agricultural Sciences  
 Dental Hygiene (ODS)

Dentistry  
 Fisheries & Wildlife  
 Forestry  
 Law  
 Medical Technology  
 Medicine  
 Nursing  
 Optometry  
 Pharmacy  
 Physical Therapy  
 Physician Assistant  
 Veterinary Medicine

## Partner Program Majors

Agricultural Sciences (OSU)  
 Crop & Soil Science (OSU)  
 Dental Hygiene (ODS)  
 Natural Resources (OSU)  
 Nursing (OHSU)  
 Rangeland Science (OSU)

## Partner Program Minors

Agricultural Sciences (OSU)  
 Animal Science (OSU)  
 Crop Science (OSU)  
 Fish & Wildlife Sciences (OSU)  
 Natural Resources (OSU)  
 Rangeland Sciences (OSU)  
 Soil Science (OSU)

## Graduate Programs

Master of Arts in Teaching  
 Master of Business Administration  
 Master of Fine Arts in Creative Writing (Low Residency)  
 Master of Science in Education

## Undergraduate Endorsements & Certificates

ESOL Endorsement  
     > Ontario  
     > Pendleton  
     > Gresham  
 Reading  
     > Gresham

## Graduate Endorsements & Certificates

ESOL Endorsement  
 Reading Endorsement  
 Special Education Endorsement  
 Teaching of Writing Certificate

[eou.edu/academics](http://eou.edu/academics)

\*Indicates program availability is dependent upon institutional/state approval.

■ Indicates program available via online or onsite.

■ Indicates program available on campus and online.





## Complete your application for admission!

Create an online account and track your progress at [eou.edu/admissions/apply](https://eou.edu/admissions/apply).

Our general requirements for new freshmen follow below. Comprehensive information is at [eou.edu/admissions/freshman](https://eou.edu/admissions/freshman).

### WHAT WE NEED FROM YOU

- \*High school graduation or equivalent
- \*SAT/ACT scores
- \*High school GPA of 2.75
- \*Official transcripts or GED

Don't meet automatic admission requirements?  
Speak to our counselors to see how we **WORK WITH YOU!**

**Apply NOW!**



One University Blvd. | La Grande, OR | 97850-2807  
[www.eou.edu](https://www.eou.edu) | [admissions@eou.edu](mailto:admissions@eou.edu) | 800-452-8639

## Individualized visits focused on your goals are our specialty.

A great time to visit campus is during spring break, but anytime from late September through early June is good.

We also hold multiple **Preview Days** throughout the year. It's a chance to hear from current students about their experiences, meet with admissions counselors, financial aid experts and academic advisors.

[eou.edu/admissions/visit](https://eou.edu/admissions/visit)

Mailer stuff here.